



What to wear to Forest School in Summer

Note that it is a lot cooler in the shade of the woods in the summer and can actually be very pleasant on a hot day. **LONG trousers are mandatory due to Ticks/biting insects. Long sleeve tops are also recommended.**

- Thin trousers/leggings
- Long sleeve t-shirt
- Jumper (only if it is a chilly day, check the weather)
- Thin pair of socks **PLUS** spare socks to change into (water sometimes ends up going inside wellies)
- Waterproofs (all in one suit or separate jacket & trousers)
- Wellies/walking boots/trainers that are waterproof and you don't mind getting muddy. (These will stay at Preschool)

- Sun cream

- Sun hat

ALWAYS ensure that your child has spare socks to change into back in school.