



What to wear to Forest School in Autumn

Autumn weather can be very varied with hot days in September to colder frosty days in October. It is recommended to check the weather forecast to see how many layers your child will need. **LONG trousers are mandatory due to Ticks/biting insects. Long sleeve tops are also recommended.**

- Jogging bottoms/leggings
- Long sleeve t-shirt
- Jumper
- Thick socks for cold days **PLUS** spare socks to change into (water sometimes ends up going inside wellies)
- Waterproofs (all in one suit or separate jacket & trousers, consider upsizing to get extra layers including a thick coat underneath for the winter months).
- **IF** you are just sending a thin waterproof overcoat/puddle suit you may also need warm coat / thick fleece that can go under the waterproof if the weather is cold so buy bigger.
- Wellies/walking boots, that are waterproof and you don't mind getting muddy. (Consider thermal lined wellies to help with winter cold feet or upsizing to allow for wearing of multiple pairs of socks). (These will stay at Preschool)