

PSHE

Why teach PSHE (Intent)

Our Personal, Social, Health and Economic Education (PSHE) providing them with a nurturing environment in which they can comfortably explore what it means to grow up in today's society and develop the skills and attitudes that will help them lead a happy and successful adult life.



We understand the importance of PSHE to support children's mental health and wellbeing and so all children have the opportunity to freely express themselves in a safe and caring environment where all opinions and values are celebrated and welcomed. We ensure they know how and when to ask for help and to know where to access support.

PSHE equips children with the skills to be able to succeed in many different areas of the curriculum and throughout life. It encourages children to develop a growth mind-set and resilience they need to meet any challenges. It gives children opportunities to learn about rights and responsibilities and what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

PSHE is integral to the development of children's values in order for them to become a positive citizen in a forever changing world. It is an important part of our school assemblies and collective worship, where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured.

How we teach PSHE (Implementation)

Good PSHE education begins with a well-planned programme. Our curriculum is heavily supported by the PHSE Association. High-quality resources put our plans into practice - including LTP planning frameworks to detailed lesson plans. The resources are either developed by the Association or quality assured by against best practice criteria.

The PSHE Association Programme of Study for PSHE education will support schools to provide a comprehensive programme that integrates, but is not limited to, this statutory content. Our broader PSHE programme also covers economic wellbeing, careers and enterprise education, as well as education for personal safety, including assessing and managing risk.

The Programme of Study sets out learning opportunities for key stage 1 and 2, based on three core themes:

CORE THEME 1: HEALTH AND WELLBEING

CORE THEME 2: RELATIONSHIPS

CORE THEME 3: LIVING IN THE WIDER WORLD

Enrichment opportunities are provided in PSHE in order to ensure children always 'aspire to be more'.

What your children will learn (Impact)

- The skills they need to make sound decisions when facing risks, challenges and complex situations. These skills include risk management, problem solving, team work and critical thinking.
- Resilience and know how and when to ask for help and know where to access support.
- How to take up the opportunities, responsibilities and experiences ready for adult life.
- How to engage with spiritual, moral, social, cultural, mental and physical development opportunities in school and the wider community.
- The skills that will enable them to become healthy, independent and proactive members of their communities; who challenge stereotypes and break perceived barriers that may impact upon their future.
- Embrace challenges and welcome new experiences as a way of learning.