



PSHE LTP

2024-25

# CAREERS

Jobs connected to PSHE	Companies you could work for	Famous People
PSHE teacher	Warrington Borough Council	Ronald Reagan
Social worker	Great Sankey High school	Michelle Obama
Family support worker	Penketh High school	Kofi Annan
Cognitive behavioral therapy counsellor	NHS	Cate Blanchett
Mental health support worker	Bupa	Meg Whitman

# PSHE progression through EYFS

## PSED/PD/UTW

Focus	Health and Well-Being		Relationships		Living in the Wider World		Vocabulary- to be used daily
Reception Skills	<ul style="list-style-type: none"> <li>Know &amp; talk about the different factors that support their overall health &amp; well-being: regular physical activity, healthy eating, tooth brushing, sensible amounts of screen time, having a good sleep routine, being a safe pedestrian.</li> <li>Can describe their competencies, what they can do well &amp; are getting better at describing themselves in positive but realistic terms.</li> <li>Is proactive in seeking adult support and able to articulate their wants and needs.</li> </ul>		<ul style="list-style-type: none"> <li>Develops particular friendships with other children, which help them to understand different points of view and to challenge their own and others' thinking.</li> <li>Is increasingly socially skilled and will take steps to resolve conflicts with other children by negotiating and finding a compromise; sometimes by themselves, sometimes with support.</li> <li>Is more able to manage their feelings and tolerate situations in which their wishes cannot be met.</li> </ul> <p>Knows that other children do not always enjoy the same things, and is sensitive to this.</p>		<ul style="list-style-type: none"> <li>Further develop the skills they need to manage the school day successfully: lining up &amp; queuing, mealtimes, personal hygiene.</li> <li>Recognise that they belong to different communities &amp; social groups &amp; communicates freely about own home &amp; community.</li> <li>Attempts to repair a relationship or situation where they have caused upset and understands how their actions impact other people.</li> </ul>		Good touch Bad Touch Private Secret Real Fake Feelings Responsibility
Reception Knowledge	<b>Autumn 1</b> Me and My Family	<b>Autumn 2</b> Seasons and Celebrations	<b>Spring 1</b> The Ocean	<b>Spring 2</b> Transport	<b>Summer 1</b> Growth and Change	<b>Summer 2</b> Castles and Dragons	
	Able to explore the classroom with interest. Develop friendships with new children. Form positive attachments to staff and children. Understand that people have different beliefs than them and accept difference. Able to understand what makes a good friend. Engages in a range of physical activity.		Can resolve minor conflicts in friendship groups. Can manage own feelings and know who to go to for support. Understands and follow the routines of the school day. Can talk about how to look after our world e.g. picking up litter, recycling etc. Can talk about how to stay safe on the road when crossing, at a train station and when near water- Transport. Knows who to go to if lost- Knowing who is a stranger.		Can talk in detail about the school behavioural expectations in class and around the school. Can talk about how others may feel who are less privileged than we are- linking for other countries. Understand that parts of their body need to be kept private. Can talk about different food groups and which foods are good for our health and teeth.		
	Health and Well Being		Relationships		Living in the Wider World		

N.B - These are our overarching themes that have been mapped to national curriculum subjects in KS1. The knowledge content is identified in the intent subject documents.

KS1 PSHE Overview 2024 2025	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<b>Relationship</b> What is the same and different about us?	<b>Relationship</b> Who is special to us?	<b>Health and well-being</b> What helps us stay healthy?	<b>Living in the wider world</b> What can we do with money?	<b>Health and well-being</b> Who helps to keep us safe?	<b>Living in the wider world</b> How can we look after each other and the world?
Year 2	<b>Relationship</b> What makes a good friend?	<b>Relationship</b> What is bullying?	<b>Living in the wider world</b> What jobs do people do?	<b>Health and well-being</b> What helps us to stay safe?	<b>Health and well-being</b> What helps grow and stay healthy?	<b>Health and well being</b> How do we recognise our feelings?

KS2 PSHE Overview 2024 2025	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<b>Relationship</b> How can we be a good friend?	<b>Health and well-being</b> What keeps us safe?	<b>Relationship</b> What are families like?	<b>Living in the wider world</b> What makes a community?	<b>Health and well-being</b> Why should we eat well and look after our teeth?	<b>Health and well-being</b> Why should we keep active and sleep well?
Year 4	<b>Health and wellbeing</b> What strengths, skills and interests do we have?	<b>Relationship</b> How do we treat each other with respect?	<b>Health and well-being</b> How can we manage our feelings?	<b>Health and well-being</b> How will we grow and change?	<b>Living in the wider world</b> How can our choices make a difference to others and the	<b>Health and well-being</b> How can we manage risk in different places?
Year 5	<b>Health and well-being</b> What makes up a person's identity?	<b>Living in the wider world</b> What decisions can people make with	<b>Health and well-being</b> How can we help in an accident or emergency?	<b>Relationships</b> How can friends communicate safely?	<b>Health and well-being</b> How can drugs common to everyday life affect health?	<b>Living in the wider world</b> What jobs would we like?
Year 6	<b>Health and wellbeing</b> How can we keep healthy as we grow?	<b>Health and well-being</b> How can we keep healthy as we grow?	<b>Living in the wider world</b> How can the media influence people?	<b>Living in the wider world</b> How can the media influence people?	<b>Relationships</b> What will change as we become more independent? How do friendships change as we grow?	<b>Relationships</b> What will change as we become more independent? How do friendships change as we grow?